

Costa Mesa Soccer AYSO Region 120

COACHES TRAINING REQ'MNTS MATRIX

Mandatory Requirements for ALL COACHES:

Volunteer Application Form - Applications will be on hand at the Coaches Meeting or apply electronically at www.eayso.org.

Safe Haven Certification - Region-administered 3-hour class presents Child and Volunteer Protection for AYSO coach.

[Online Save Haven Course Offered](#)

Specific Training Requirements by age or program:

U5, U6 and U8 Coaches U6 2 hours; U8 2 hours Clinic

- **U8 Coach Certification** - Region-administered Basic Coach Clinic (U8 emphasis) presents basic team management, soccer skills, and short side games U-6 and of the U-8 age group.

U10 and U12 Coaches U-10 3 hour; U12 5 hour Clinic

- **U12 Coach Certification** - Region-administered Basic Coach Clinic (U12 emphasis) presents information about team management, soccer skills, and short side games U-10 and U-12. **It is highly recommended that U12 coaches pursue Intermediate Coach Certification.**

U14 Coaches

- **Intermediate Coach Certification** - Area-administered 15-hour clinic presents intermediate team management, tactical situations and set pieces. **It is highly recommended that U14 coaches pursue Advanced Coach Certification.**

U16 & U19 Coaches

- **Advanced Coach Certification** - Area-administered 18-hour clinic presents advanced team management, tactical situations, advanced tactics and observation, evaluation, and implementation techniques.

All-Star Coaches

- **U10 and U12** – Intermediate Coach Certification
- **U14** – Advanced Coach Certification
- All-Star Application will be due two weeks prior to the ratings meeting.
- **No misconduct during fall season.**

APP/Plus Program

- U10 – U14 Advanced Coach Certification
- All Coaches must have Referee certification